

At Clermiston Primary School, the grown ups support us to

follow the 'Big 3' in real life and online.

We came up with some tips to help:

1. Make sure you know who we are talking to online, what apps we're using and what games we are playing

2. Help us to set our privacy settings properly

3. Keep our bedrooms 'device free'

4. Encourage us to be positive to each other and about ourselves online

5. Set time limits for our devices

6. Have dedicated tech-free times that even the grown-ups join in with!

ALL OF THESE TIPS ARE ROOTED IN OUR BIG 3: SAFE, RESPECT AND LEARN!



For more ideas and advice, visit www.clermiston.edin.sch.uk