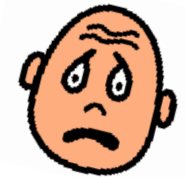




Parents' Emotion Talks Group



WHO IS IT FOR?

This group is for any parent/s or carers with children who have additional support needs and who attend this school.

This group will help you and your family to understand and talk about your feelings. This can help with your child's behaviour and emotional well-being.

WHAT WILL IT INVOLVE?

- Meeting up with a group of other Parents for 5 weekly sessions.
- Learning about the Emotion Talks resources and how they might work for you and your family.
- 1 follow up session to discuss how the pack is working for you and exchange ideas.



WHEN WILL THIS TAKE PLACE?

- Sessions will usually take place at your child's school within school time.



WHAT PARENTS HAVE SAID:

"I wish I knew about it years ago."

"The whole family have opened up and it's been really useful for my 14 yr old daughter too."

"It was something they used at school so it was a really good link for C. She does come and talk to me about things that happen in school where she didn't before. She'd just hide things that happened and I'd hear it from the teacher the next day."

"I liked being able to chat about how I feel as a parent"

"Its definitely opened a new door for us."

WHAT CHILDREN HAVE SAID:

It helps me to talk to my family about how I am feeling

Makes me more interested on how their day has been... Reminds me how my day has been

Helps me get closer to my mum

WHAT TEACHERS HAVE SAID:

C's confidence has grown and she has more ownership over her emotions, which she is proud about. She feels listened to - her voice is heard

The group has been very valuable. It's helped with getting different perspectives and this has made it much easier to work with the children in school.



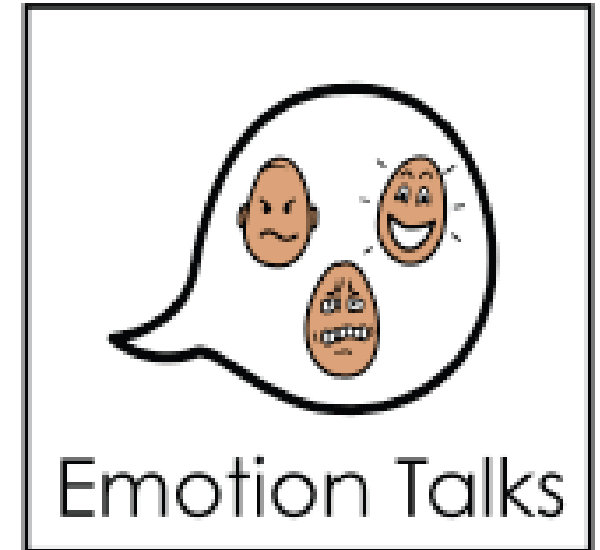
*For further information
contact your child's school
or:*

NAME .LISA OLIVER
JOB TITLE –ASL EMOTION TALKS
COORDINATOR
TEL - 0131 469 2890
EMAIL—
LISA.OLIVER@EA.EDIN.SCH.UK
BASE—EAST NEIGHBOURHOOD
CENTRE

**ADDITIONAL SUPPORT FOR
LEARNING
SERVICE**

**SPEECH AND LANGUAGE
THERAPY SERVICE**

**PARENTS'
EMOTION TALKS
GROUP**



GROUP GOAL

*“To help children develop language
around emotions and their ability to
communicate and understand feelings”.*



•EDINBURGH•
THE CITY OF EDINBURGH COUNCIL

CHILDREN AND FAMILIES

**getting
it right**
for every child

NHS
Lothian

•EDINBURGH•
THE CITY OF EDINBURGH COUNCIL

CHILDREN AND FAMILIES